

## PRESS RELEASE

'CREATING A NEW PARADIGM' WORKSHOP CONDUCTED IN FTII; OVER 150 STAFFERS ATTEND.

A 2-day workshop 'CREATING A NEW PARADIGM' for FTII's non-teaching staff ended today. Over 150 staffers participated in this unique personality development exercise.

The workshop covered aspects such as Communication (Listening and Speaking), Integrity (honouring your word and your commitment to bring about self-discipline so that it does not have to be enforced), self awareness (being aware of your own design, self-esteem issues which play out in power struggles and conflicts), ability to respond to whatever circumstances as against reacting almost by default, conflict resolution, creativity, appreciation and acceptance of diversity and multiple viewpoints and knowing your own default mechanisms which will allow you to live every moment by choice.

Conducted by transformation leader Arunaraje Patil (Editing,1969,FTII) and assisted by Kuntal Bhogilal (Direction,1995,FTII) and Batul Mukhtiar (Direction,1995,FTII ) the day-long workshop was interactive in nature.

Bhupendra Kainthola, Director FTII said, "As it was a participatory workshop, and worked on group dynamics, attendance in every session was kept mandatory. In the workshop, the basics of 'learning to be' was addressed through exercises, self introspection and inquiry. The focus of this first-ever workshop was on empowering the participants so they can access freedom, power and full self expression. When all constituents do the work the environment can be transformed, with new levels of listening, speaking, respect for the other, focussed communication, creativity and unleashing of the potential".

"The Workshop is intended to build capacity, to bring out the best in themselves and the other constituents. These workshops would leave the participants with an access to generating themselves. However it is not a fix-it program ; it is really about a paradigm shift and they would need support from time to time until they have created new ways of perceiving things and new habits that would help them have a great life", said Arunaraje Patil, the lead Coordinator for the Workshop, who has also been associated with Landmark Forum for over two decades.

